

DR. NADIA TARIQ

Residential Address: House# 6, Street 14, Sector C, DHA-2, Islamabad

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PROFESSIONAL EXPERIENCE:

- Assistant Professor
Department of Community medicine, IMDC. **Oct 2014 till date**
- Senior lecturer
Department of community medicine, IMDC **Jan 2013- Sep 2014**
- Demonstrator
Department of community medicine, IMDC **Oct 2011- Dec 2012**
- Assistant Editor
Journal of IMDC **Jan 2019 till date**
- Member of Research Committee/ IRB
Islamabad Medical and Dental College **Jan 2017 till date**
- Medical Officer
Fauji Foundation Hospital, Rawalpindi **Jan 2007- Dec 2009**

EDUCATION AND TRAINING:

- Master in Public Health **2010**
Armed forces post graduate medical institute
- Bachelor of Medicine & Bachelor of Surgery (MBBS) **2004**
Army Medical College Rawalpindi
- Training
 - E-view and STATA Workshop, COMSAT university **2019**
 - First Aid and Basic life support, IMDC. **2019**
 - Leadership and Management, IMDC **2019**

○ Statistical Package for Social Sciences workshop, IMDC	2019
○ Item Writing Flaws,IMDC	2019
○ Critical Appraisal of an article, IMDC	2018
○ Stress Management workshop , IMDC	2018
○ End Note Referencing workshop, Islamabad Nursing College	2017
○ Research Methodology workshop, IMDC	2017
○ Teaching methodologies and Assessment , IMDC	2016
○ Quality Assurance,IMDC	2016
○ Communication and Presentation skills,IMDC	2016
○ Construction of MCQS and SEQS, IMDC	2015
○ Integrated Modular system workshop , IMDC	2015

PUBLICATIONS:

- Jaffry T ,Khalid S, Tariq N. Socio-demographic factors influencing voluntary blood donation in general population of Islamabad, Pakistan. *J Community Med Public Health Care*. 2019; 6: 055.
- Tariq N, Jaffry T, Khalid S. Earthquake preparedness in schools of Islamabad .*JIMDC*.2019;8(3):141-145.
- Jaffry T,Tariq N, Tariq S.Career Preferences and its influencing factors among medical graduates and undergraduates.*Annals of PIMS*.2019;15(1):17-20.
- Tariq N, Jaffry T,Fiaz R,Rajput AM,Khalid S.Awareness about indoor air pollution in general population of Rawalpindi/Islamabad.*Pak J Public health*..2018;8(2):80-83.
- Tariq N, Mirza S,Afzal M, Rajput AM.Association of diabetes mellitus with various risk factors : a case control study.*JIMDC*.2017;6(1):44-48.
- Haq I, Tariq N, Afzal M,Rajput AM.Prevalence of Vit D deficiency and its associated factors among college students.*JIMDC*.2016;5(2):54-58.
- Tariq N,Rajput AM,Azad AH,Afzal M,Rizvi F.Awareness and practices regarding waste management in health care staff of hospitals of Rawalpindi. *Isra Medical Journal*.2014;6(3):136-141.
- Tariq N, Rizvi F, Rajput AM, Afzal M, Azad AH,Farhin S.Perceptions and practices regarding breast feeding in mothers of children attending hospitals of Rawalpindi,*JIMDC*.2014;3(2):67-70.
- Azad AH, Rajput AM,Tariq N,Afzal M. Anxiety, Depression and their predictors amongst patients attending OPD of a hospital in Rawalpindi.*JIMDC*.2014;3(2):71-75.
- Tariq N, Rizvi F,Rajput AM,Khan A,Afzal M.Frequency and common forms of smoking in female students of universities of Islamabad.*Isra medical medical journal*.2013;5(2):144-147.

Current Research Project:

Frequency of Domestic Violence in married women of Rawalpindi/Islamabad

WORKSHOPS AND SEMINARS

ORGANIZED

- World Cancer Day: I am and I will 2019
- World Health Day : Universal Health Coverage; everyone, everywhere 2019
- Breast Cancer Awareness month; 2019
- Road Safety Day, 2019
- Word Health Day : Universal Health Coverage; everyone, every where 2018
- World No Tobacco Day : Stop illicit use of tobacco products 2015
- World Women Day : Empower Rural Women 2012

PARTICIPATED

- Annual Public health conference, Health Services Academy 2019
- Undergraduate Medical Research Day, Peshawar Medical College 2019
- Annual Research Day, Islamabad Medical and Dental College 2019
- World Tuberculosis Day 2019
- World Diabetes Day 2019
- World Health Day; Depression, Let's talk 2017
- Word Health Day: Beat Diabetes 2016
- Word Health Day : Food Safety 2015
- World Health Day : Small bite, big threat 2014
- World Environment Day : Small islands and climate change 2014
- World No Tobacco Day : Raise taxes on tobacco 2014
- World Health Day : High Blood pressure 2013
- World Health Day : Ageing and health 2012
- World Water Day : Water and Food Security 2012

COMPUTER SKILLS:

- SPSS
- Mendeley
- Microsoft powerpoint
- Microsoft Word
- Microsoft Excel

PROJECTS AS STUDENT:

- Research Dissertation on Prevalence of smoking in female students of universities of Islamabad
- Practicum report on working of a tertiary care hospital (Fauji Foundation hospital, Rawalpindi)
- Practicum report on District Health System