



Dr. Sadia Zafar

Assistant Professor, Community Medicine

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PROFESSIONAL SUMMARY

I am a medical doctor with my post-graduation in Public Health. Research is my passion. I am also serving as Section Editor in Journal of Islamabad Medical and Dental College.

EDUCATION

2018-2019	MSPH from Health Services Academy, Islamabad (Merit scholarships in all semesters)	
2011-2015	MBBS from Islamabad Medical & Dental College, Islamabad	(79.87%)
2008-2010	FSc (Pre-Medical) from Jesus & Marry College for Girls, Murree	(76.5%)
2006-2008	Matriculation from Convent of Jesus & Marry Secondary School for Girls, Murree	(85%)

ACHIEVEMENTS

Gold Medals and Scholarships:

- 1st Position in 1st Prof Part II
- Anatomy
- Forensic Medicine
- Pediatrics
- Merit scholarships in all 4 semesters of MSPH

Distinctions:

- Community Medicine
- Pharmacology
- ENT
- Special Pathology

SKILLS

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- Strong Verbal Communication
 - Strong command on SPSS, Mendeley, MS Word, PowerPoint
 - Self-Motivated
 - Quick Learner
 - Highly Dependable

WORK

EXPERIENCE

Currently working as **Assistant Professor** at Islamabad Medical and Dental College in the department of Community Medicine. Job responsibilities include teaching medical students and medical research.

Workshops and Trainings:

- Session on **Basic Life Support (BLS)** on 20th Feb 2016 at **Medical Unit-I, Holy Family Hospital**
- Session on **Advanced Cardiac Life Support (ACLS)** on 12th March 2016 at **Medical Unit-I, Holy Family Hospital**
- Masterclass in **Emergency Medicine** held on 1st March 2015 organized by **Shifa International Hospitals Ltd. Islamabad**
- Workshop on **Clinical Trials** at **Akbar Niazi Teaching Hospital**
- Conducted workshop on use of **Mendeley Software** in the department of Community Medicine
- Faculty development session on **reflective writing** (Prof. Dr. Tayyaba Saleem)
- Training session on **'Research Grant Writing'** by Mr. Shaukat Jawaid- Editor-in-Chief PJMS
- Online course on **"Understanding Clinical Research: Behind the Statistics"** by **University of Cape Town (Coursera)**
- Online course on **"Writing in the Sciences"** by **Stanford University (Coursera)**

Publications and Literary Contributions

1. Farhin S, Jaffry T, Zafar S, Rashid F. Frequency and assessment of Nutritional Status of school going children in rural areas of Islamabad. Pak J Med Sci. 2021;37(5):1475-1479. doi: <https://doi.org/10.12669/pjms.37.5.3773>
2. Zafar U, Zafar S, Tariq N, Rashid F, Hassan K. Frequency and Risk factors of Low Birth Weight in Rawalpindi, Pakistan. JRM. 30Jun.2021 [cited 10Aug.2021];25(2):202-7. Available from: <https://journalrmc.com/index.php/JRM/article/view/1557>
3. Jaffry TN, Khalid S, Tariq N, Fiaz A, Zafar S, et al. (2019) Socio-Demographic Factors Influencing Voluntary Blood Donation in General Population of Islamabad, Pakistan. J Community Med Public Health Care 6: 055. doi:[10.24966/CMPH-1978/100055](https://doi.org/10.24966/CMPH-1978/100055)
4. Zafar U, Rashid F, Zafar S, Tariq N, Hassan K. Seroprevalence and Associated Factors of SARS CoV-2 Antibodies among employees of IMDC and its teaching hospital. JRM. 31Aug.2021;25(1):37-43. Available from: <https://www.journalrmc.com/index.php/JRM/article/view/1650> doi: <https://doi.org/10.37939/jrm.v25i1.1650>
 - External Peer Reviewer for **INQUIRY: The Journal of Health Care Organization, Provision, and Financing** which is a PubMed indexed journal with impact factor 1.730
 - External Peer Reviewer for **Journal of Islamic International Medical College**