SHEZE HAROON QAZI

Phone: 03028566691 H4 ST 3 F7/3 <u>Sheza.haroon@iideas.edu.pk</u> Islamabad

Motivated professional with a vast experience in academic and healthcare environment. Having a personal commitment to intellectual inquiry, self-directed learning, and professional development. Passionate about helping people live healthier and safer lives. Always exploring new avenues to evolve academically, personally and professionally.

EDUCATION

Master of science in Public health

Health service academy, Islamabad Pakistan 2013- 2015

Masters in health informatics

Comsats institute of information technology Islamabad 2007-2010

Postgraduate Certificate in Oral Implantology

Maramara university Faculty of Dentistry Istanbul Turkey

Nov 2002-April 2003

Bachelor of Dental Surgery

De'Montmorency College of Dentistry Lahore Pakistan 1995-1999

Higher Secondary school Certificate

Islamabad College for Girls Islamabad.

1991-1993

Ordinary level

O.P.F girls' college Islamabad. 1991

WORK EXPERIENCE

Associate Professor

Head of Department of community dentistry Islamabad Medical and Dental College January 2021 –todate Assistant Professor

Department of community dentistry Islamabad Medical and Dental College January 2016 –2021

Lecturer

Islamabad medical and dental college June 2010-2015

Job responsibilities

Teaching undergraduate second year dental students
Researching on community and public health dental issues
Organizing community outreach and school screening visits
Management and training of junior staff members
Curriculum development

Data transcriber

Real Medicine foundation, Islamabad

May 2012

Job responsibilities

Data entry

Data translation

Working as a part of a team, giving and receiving feedbacks on formatting, proof reading and editing.

Dental consultant

Dental Practice-Qazi Dental Practice Islamabad

June2004 – Present (part time)

Job responsibilities

Providing various dental treatments to patients.

Examining and diagnosing various dental conditions.

Filling cavities, performing root canals, crown and bridge work, extractions, smile redesigning, pediatric services and dental hygiene services.

Junior dentist

Dental Practice-Rahman and Rahman

2001

Job responsibilities

Worked as a junior dentist under the supervision of senior dentists. Dealt with patient diagnosis treatment planning.

PUBLICATIONS

Journal Publications

1) Digital Imaging for an efficient orthodontic Practice . Haroon Shahid Qazi,Sheze Haroon Qazi & Cenk Ceylanoglu Pak Oral & Dental Journal June 2006 vol 26 no 1: 23-28

- 2) A survey of use of information technology amongst dentists in Islamabad. Sheze Haroon Qazi & Haroon Shahid Qazi JIMDC Journal of Islamabad Medical and dental college October-december 2012 vol:1(4)
- 3) Service Quality Assessment at a Public Dental Hospital Islamabad. Sheze Haroon Rubina Mumtaz, Sadia Sajjad Pakistan Oral & Dental Journal Vol 37, No. 4 (October-December 2017); 604-7
- 4) Balancing Profession, Family and Cultural Norms by Women Dentists in Pakistan. Rubina Mumtaz, Sheze Haroon, Sadia Sajjad Open Journal of Social Sciences, 2018, 6, 154-170. https://doi.org/10.4236/jss.2018.65013
- 5) Oral Hygiene Practices in Primary school children and their teachers in a peri-urban locality of Islamabad. Sadia Sajjad, Sheze Haroon, Dr Rubina Mumtaz; Pakistan Oral & Dental Journal. Vol 38, No. 1 (Jan-March 2018); 71-4
- 6) Ergonomics Knowledge & Practices of Dental Interns in Islamabad. Rubina Mumtaz Sheze Haroon, Sadia Sajjad, Saba Masoud, Junaid Hashmi Pakistan Oral & Dental Journal Vol 38, No. 3 (July-September 2018) 341-34
 - 7) Prevalence of dental caries and its association with risk factors amongst Pre-school children of Barakahu Islamabad. Saba Masoud, Sheze Haroon, Rubina Mumtaz; Journal of Islamabad medical and dental college: Vol 9 N0.2 (June 2020) 88-94
 - 8) Masoud S, Qazi SH, Mumtaz R. Assessment of dental anxiety in patients visiting a teaching hospital in Islamabad. Pak Oral Dent J 2022; 42(1):39-43.
 - 9) Qazi SH, Mumtaz R, Masoud S, Tassaduq R. Effectiveness of An Oral Health Care Workshop in Primary School Teachers of Barakahu; A Pilot Study. Pak Armed Forces Med J 2022; 72(1): 115-118.
 - 10) Haroon S, Masoud S,& Tassuduq R. The acceptance of e learning during COVID 19 pandemic amongst dental students of Islamabad. PJPH 2022 11(4) 228-233

PRESENTATIONS, WORKSHOPS AND INVITED LECTURES

- Invited lecture: "Arresting dental caries using Silver diamine fluoride in pediatric patients". 7th international conference of the Pakistan Association of orthodontists September 2019
- Workshops: "Raising awareness regarding oral hygiene among primary school teachers of Bara Kahu" February 2019 – November 2019
 Participants Primary school teachers from primary schools of Bhara kahu
- Workshops: "Spread and prevention of viral blood-borne infections through dentistry". May 2018 Participants: House officers of Islamabad dental hospital Islamabad and Islamic international hospital

PROFESSIONAL TRAINING

- Participated in MISP(Minimum Initial Service Package)training workshop at Health Services Academy Islamabad 2015.
- Craniofacial Trauma Management Course (continuing professional development) at Armed Forced institute of dentistry 2005.
- Member of the organizing committee for the 3rd international PAO conference 2013.

COMMUNITY SERVICE

Principal facilitator and organizer in the following outreach/ camps

- Organized and facilitated underprivileged children from Harf foundation Islamabad in getting free dental treatment at Islamabad Dental Hospital
- Dental Outreach at St. Joseph's Hospice, Rawalpindi March 13th, 2019 program activities Free dental screening, prophylactic treatment, Fillings, Oral health education sessions & dietary counseling were a part of the program for physically impaired patients at the hospice
- Free Dental Camp at National Press Club Islamabad. July 3rd, 2019 Free dental treatment was provided for journalists at the press club
- Afghan Refugee Camp Outreach in Collaboration with Refugee crisis foundation UK
 4-7th November 2019 Free of cost emergency Dental treatment, Fillings, Extractions,
 Oral Health Education dietary advice was provided for the refugees
- Dental camps to treat school children using silver diamine fluoride(to arrest dental caries): Barakahu, Chakwal and Rawat Pakistan in collaboration with Refugee Crisis foundation UK
- Free dental camp at the Shaheed Benazir Bhutto women crisis center Islamabad 2017 Free dental treatment was provided to the female residents of the crisis center.

LANGUAGES

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Urdu: Native language

English: Advanced level in reading writing listening and speaking skills

Punjabi: Advanced level listening and speaking

COMPUTER SKILLS

Proficient in MS word, SPSS, MS Excel, Power point

KEY SKILLS AND COMPETENCIES

- Excellent listening, communication and interpersonal skills.
- Able to work comfortably and successfully with team members
- Well versed in research work
- Fluent in English, Urdu and Punjabi.
- Excellent organizational skills especially relating to community outreach programs and school based programs.
- Fairly good computer knowledge

INTERESTS

Apart from community service passionate about cooking, yoga, music and travelling.

REFRENCES

Dr Khurshid Ahmed Project director Islamabad medical and dental college Islamabad khurshid@iideas.edu.pk

Prof Rubina Mumataz
Head of community dentistry department
Rawal institute of health sciences Islamabad
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rubyabeq@gmail.com