



Dr. Sadia Zafar

Assistant Professor, Community Medicine, IMDC

PhD Scholar

Statistical Editor, Journal of Islamabad Medical & Dental College

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PROFESSIONAL SUMMARY

I am a medical doctor currently pursuing PhD in Public Health. Research is my passion. I am also serving as Statistical Editor in Journal of Islamabad Medical and Dental College.

EDUCATION

2023 till date	PhD fellow (Health Services Academy, Islamabad)	
2022	CHPE from Shaheed Zulfiqar Ali Bhutto Medical University	
2018-2019	MSPH from Health Services Academy, Islamabad (Merit scholarships in all semesters)	
2011-2015	MBBS from Islamabad Medical & Dental College, Islamabad	(79.87%)
2008-2010	FSc (Pre-Medical) from Jesus & Marry College for Girls, Murree	(76.5%)
2006-2008	Matriculation from Convent of Jesus & Marry Secondary School for Girls, Murree	(85%)

Honors and Awards

Gold Medals and Scholarships:

- 1st position in 1st Prof part II
- Anatomy
- Forensic Medicine
- Pediatrics
- Merit scholarships in all four semesters of MSPH

Distinctions: Community Medicine, Pharmacology, ENT, Special Pathology

Skills

-
- Strong command on SPSS, R-Studio, Mendeley, Microsoft Word and Powerpoint

WORK EXPERIENCE

- Currently working as **Assistant Professor** at Islamabad Medical and Dental College in the department of Community Medicine. Job responsibilities include teaching medical students and medical research.
- **Statistical Editor** at Journal of Islamabad Medical and Dental College
- External Peer Reviewer for **INQUIRY: The Journal of Health Care Organization, Provision, and Financing** which is a PubMed indexed journal with impact factor 1.730
- External Peer Reviewer for **Journal of Islamic International Medical College**

Workshops and Trainings:

- Session on **Basic Life Support (BLS)** on 20th Feb 2016 at **Medical Unit-I, Holy Family Hospital**
- Session on **Advanced Cardiac Life Support (ACLS)** on 12th March 2016 at **Medical Unit-I, Holy Family Hospital**
- Masterclass in **Emergency Medicine** held on 1st March 2015 organized by **Shifa International Hospitals Ltd. Islamabad**
- Workshop on **Clinical Trials** at **Akbar Niazi Teaching Hospital**
- Faculty development session on **reflective writing** (Prof. Dr. Tayyaba Saleem)
- Training session on **‘Research Grant Writing’** by Mr. Shaukat Jawaid- Editor-in-Chief PJMS
- Online course on **“Understanding Clinical Research: Behind the Statistics”** by **University of Cape Town (Coursera)**
- Online course on **“Writing in the Sciences”** by **Stanford University (Coursera)**

Workshops Conducted:

- Mendeley software
- SPSS

Publications

1. Amna Imran, Ayesha Fazal, Seemi Tanvir, Sadia Zafar, Nadia Tariq, & Sadaf Tariq. (2023). Effects of Smartphone on Physical Activity and Academic Performance of Medical Undergraduates of Islamabad: A cross-sectional Study. *Journal of University Medical & Dental College*, 14(2), 606-611. <https://doi.org/10.37723/jumdc.v14i2.765>
2. Farhin S, Jaffry T, Zafar S, Rashid F. Frequency and assessment of Nutritional Status of school going children in rural areas of Islamabad. *Pak J Med Sci*. 2021;37(5):1475-1479. doi: <https://doi.org/10.12669/pjms.37.5.3773>
3. Zafar U, Zafar S, Tariq N, Rashid F, Hassan K. Frequency and Risk factors of Low Birth Weight in Rawalpindi, Pakistan. *JRMC*. 30Jun.2021 [cited 10Aug.2021];25(2):202-7. Available from: <https://journalrmc.com/index.php/JRMC/article/view/1557>
4. Jaffry TN, Khalid S, Tariq N, Fiaz A, Zafar S, et al. (2019) Socio-Demographic Factors Influencing Voluntary Blood Donation in General Population of Islamabad, Pakistan. *J Community Med Public Health Care* 6: 055. doi:[10.24966/CMPH-1978/100055](https://doi.org/10.24966/CMPH-1978/100055)
5. Zafar U, Rashid F, Zafar S, Tariq N, Hassan K. Seroprevalence and Associated Factors of SARS CoV-2 Antibodies among employees of IMDC and its teaching hospital. *JRMC*. 31Aug.2021;25(1):37-43. Available from: <https://www.journalrmc.com/index.php/JRMC/article/view/1650> doi: <https://doi.org/10.37939/jrmc.v25i1.1650>